

# Faith Builders: Build each other up!

*Parents, you are welcome to use these ideas to help build your child's faith and encouraging them to become lifelong followers of Jesus Christ.*

## **Quick Pick**

On a large sheet of paper, draw a stick figure person. Then, as a family, list the many abilities God has given people and the ways they may use them to help others (ears to be a good listener, mouth to pray for others, hands to help with chores, etc.). Write each ability near the appropriate body part. After completing your list, tell your child one or two abilities you think God has given him or her.



***“Therefore encourage one another and build each other up, just as in fact you are doing.”  
1 Thessalonians 5:11***



## **Key Word**

Build Each Other Up means to encourage and help someone with your words.

## **Fun at Home:**

Look on the Internet or in a book from the library to find sign language for the words “encourage” and “build.” Practice the signs as you say the words of 1 Thessalonians 5:11 together.

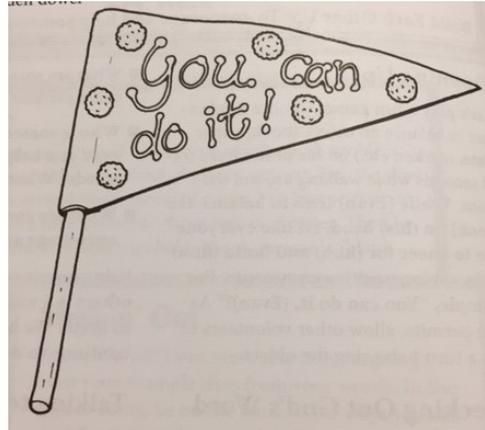
Build each other up by thinking of a nickname for each member of your family that tells a good characteristic about each one (Helpful Hannah, Super-Singer Sami, etc.).

Now, Do the Craft activity provided and/or the game!

# GETTING CRAFTY:

## What Each Child Needs:

Scissors  
21.5x28-cm piece of felt  
30.5-cm wooden dowel  
stapler  
fabric puffy paint  
craft glue  
pom-poms



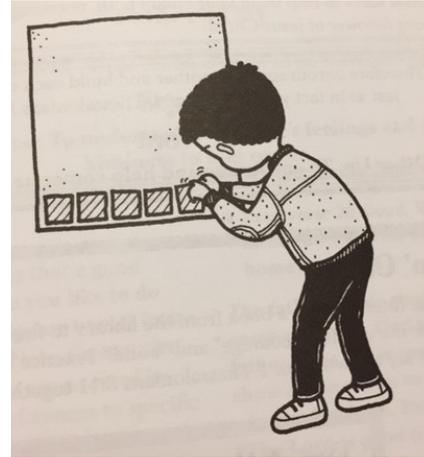
## What Each Child Does:

1. Think of someone you want to encourage and build up.
2. Cut a pennant shape from felt piece. Fold side edge of felt over about 2.5-cm and staple it three or four times, creating a pocket for wooden dowel to slide in.
3. Using the puffy paint, write on the felt a phrase that will encourage the person to whom you are giving the pennant.
4. Glue pom-poms on felt as decorations. Let dry completely.
5. Give your pennant to the person you want to encourage.

# GETTING ACTIVE

## What You Need

Large sheets of paper  
masking tape  
Post-it Notes  
stopwatch or watch with a second hand



## What You Do

1. We can encourage and build each other up as a way of showing God's love. Let's play a game where we work together to build a wall.
2. Tape two large sheets of paper on one wall of the room, leaving space between the two papers. Place a large stack of Post-it Notes next to each paper.
3. Divide family into two teams. Teams line up on opposite side of the playing area from the sheets of paper.
4. At your signal, start your stopwatch and send the first child on each team to his or her team's paper. Child sticks a Post-it Note onto the bottom part of the paper and then returns to line. Next child in line runs to wall and repeats action. Children on each team continue taking turns building their team's wall. Invite children to cheer for their team members.
5. After several minutes, call time. Compare the walls built and ask a volunteer from the team with the largest wall to tell a situation in which a child needs encouragement.
6. If time allows, turn papers over for children to play again.

**Have Fun!**